

Scalpel Free Vasectomy Fact Sheet

Vasectomy remains one of the most effective forms of Male contraception. It is a relatively simple procedure and can be performed under Local anaesthetic. It should always be considered permanent and so requires very careful thought beforehand as reversal operations are not very successful nor routinely available

Who Can Have a Vasectomy?

Any man can have a vasectomy regardless of age, or whether they are married, single, divorced, widowed, childless or with a family. If you have a permanent partner, their consent is not legally necessary, but it is recommended that your decision is discussed with her and that she agrees with it.

How effective is a Vasectomy?

>99% effective with < 1:2000 Failure Rate

Benefits of Non scalpel Vasectomy?

This less invasive procedure means lower complication rate, quicker healing and less intra-operative discomfort compared to the traditional approach.

Vasectomy Myths:

Vasectomy has no effect on masculinity or on sexual arousal, performance or orgasm. Sperm continues to be produced by the testicles, but the passage to the penis is blocked so they are reabsorbed into the body. It can be assuring to know that many people who have had a vasectomy say their sex life has improved because the fear of pregnancy has been removed. There is also no increased risk of prostate cancer.

About the procedure:

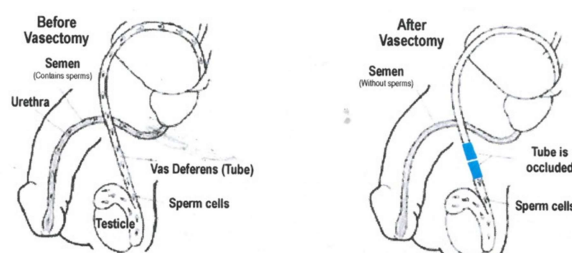
Purpose of the procedure is to stop the sperm being ejaculated by sealing the tubes (Vas Deferens) which carry the sperm from your testicles. The fluid originates in glands at the base of the penis and the quantity produced is unaffected by the operation with sperm only making up 5% of your ejaculate volume.

The entire procedure will take approximate 30-40 minutes. Dr Mistry will spend a few minutes talking with you before the procedure, to explain details again, and to answer any final questions you may have. Your partner is welcome to attend at this time and can stay with you during the procedure if you wish or they may decide to come back once the procedure is completed.

You will be offered a premedication (lorazepam) which is to be taken 1.5 hours before the surgery to help you relax during the procedure. It is important you must not drive after taking this medication.

You will be given a small injection of local anaesthetic into the skin of the scrotum. A tiny 2-3mm opening is

made in the middle and a piece of the Vas Deferens (1.5-2cm) leading from each testicle is cut, cauterised, and sealed so that sperm can no longer get through.

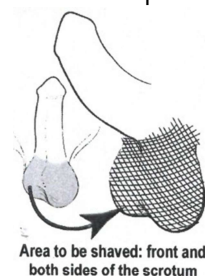


How to know if your procedure was successful?

You must continue to use contraception until post vasectomy Seminal analysis (PVSA) has been carried out at 4 months and you have at least 1 satisfactory sperm test showing no live (motile) sperm.

Preparing for your Procedure

1. Arrange to have transport home after the procedure. As you will be given a local anaesthetic and have has a mild sedative, you will mean you will not be able to drive directly after the procedure. Please aim to be collected from the surgery by car when it is time to leave.
2. Eat a light meal before arriving at the clinic.
3. On the day of the procedure, please shave your scrotum (side, underside, inner Thigh) and base of penis as indicated in the picture below



4. Immediately before coming in for the procedure, please wash the genital area thoroughly with soap and warm water.

If you change your mind, or wish to postpone your operation, please let us know as soon as possible so that the appointment can be offered to someone else.

We look forward to supporting and caring for you through this important life changing decision